

# Need advice?

Benefits Work Debt and money Housing Family Law & Courts Health

**Connect directly to a Citizens Advice adviser remotely from The Trussell Trust Ivybridge Food Bank**

Every Wednesday

10.00am – 12.00pm

Ivybridge Food Bank  
Ivybridge Methodist Church  
Ivybridge  
PL21 9AB

Please call or email to make an appointment:



Phone **07497 758 779**



Email **[reception@southhamscab.org.uk](mailto:reception@southhamscab.org.uk)**

Please leave your name and contact number and you will be called back with an appointment slot.



**South Hams**

We're here to help.  
Whoever you are.  
Whatever the problem.