

Friends of Citizens Advice

Whatever the problem, we can provide the help and advice to find a way forward

Citizens Advice South Hams, Follaton House, Plymouth Road, Totnes, TQ9 5NE

Did you know?

Citizens Advice South Hams is a local independent charity that last year helped over 4,300 local residents resolve over 9,040 problems with debt, housing, homelessness, disabilities, benefits and more. We champion citizens' and consumers rights, watch for unfairness and campaign for change. We are also staffed mainly by volunteers and rely on donations and funding to survive.

We need you - as a Friend

- Know you're making a difference to people's lives
- Receive regular updates on our work
- Join us for an open day each year at our offices in Totnes
- Help us build a network of Friends as:
 - **Fundraisers** to help with cake bakes, pub quizzes, sponsored runs and other events.
 - **Donors** to help by simply making a financial contribution to our work, either as a regular donation or a one off payment.
- In whatever way you can help, we'd love you to join us

We need you - as a Volunteer

- Build skills and confidence
- Find your next direction in life
- Meet likeminded people
- Get to know your local community
- Receive full initial and ongoing training
- Give from 6 hours a week

We need people to come forward as advisers, administrators, fundraisers and to help with PR.

People from all walks of life volunteer, those who have retired, those who want to return to work and need current work experience and young people wanting to add work experience to their CV's .

If you would like to become a Friend of Citizens Advice or volunteer, we would love to hear from you, either return this form or email us at -

friends@southhamscab.org.uk or volunteering@southhamscab.org.uk

southhamscab.org.uk

- I would like to become a Friend
- I would like to help fundraise
- I would like to make a regular donation
Please send me a standing order mandate form
- I would like to make a one-off donation
Please make cheques payable to
South Hams Citizens Advice Bureau
or to donate online visit our website

- I would like to become a volunteer

Name _____

Address _____

_____ Postcode _____

Email address _____

Telephone no. _____

Gift Aid

If you are a UK tax payer,
boost your donation.

For every pound you give, we will receive an extra 25p of Gift Aid reclaimed by us from the Inland Revenue from the tax you pay. Please sign and tick the box below and include your address and postcode above as identification.

Signature

Date

The data you provide is held and managed in accordance with the Data Protection Act (1998). Citizens Advice South Hams will not disclose or share any personal information supplied by you with any third party.

**citizens
advice**

South Hams